



MPSC 2009 Annual Conference Solution Submission

Solution: Care Rounding Keeps Patients Safe

Organization: Adventist Rehabilitation Hospital of MD **Type:** Acute Care

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IDENTIFICATION:

One of the nursing units in our hospital had a falls rate that over two years was consistently above the mean in the National Database of Nursing Quality Indicators (NDNQI).

PROCESS:

Two staff nurses attended the National Association of Rehabilitation Nurses Conference and the National Magnet Conference in 2007, and brought back best practice ideas related to falls.

SOLUTION:

The nurses obtained buy-in from their coworkers and managers, created a care rounding form and a competency, and identified a certified nursing assistant to be the team leader for the project. The nursing assistant trained all nurses and nursing assistants in the process of care rounding and audited to ensure compliance. The unit also chose falls as a focus for each staff meeting, implemented daily charge nurse reports and weekly team reports on fall risk, and chose to display a monthly report on falls in their staff lounge.

This unit saw their falls rate decrease to zero for the first time in its history. Results below the NDNQI mean have been sustained due to continued Care Rounding, the creation of a new interdisciplinary falls form, and continued quarterly reports on fall rates which are shared at staff meetings.